

**GROUP SCHEDULE**

WEEK OF April 7 – April 11, 2025

Topic or Process	ALL GROUPS ARE 1 HOUR UNLESS NOTED OTHERWISE.	Staff
	<b>Monday</b> 04/07/2025	
2:30-5:00PM	IN PERSON GROUP (2.5 hours) TOPIC: IOP Living in Balance	Mellisa
	<b>Tuesday</b> 04/08/2025	
2:30-5:00PM	IN PERSON GROUP (2.5 hours) TOPIC: IOP Living in Balance	Heather
	<b>Wednesday</b> 04/09/2025	
12:00-1:00pm	IN PERSON MEETING (1 hours) TOPIC: Wellbriety – Red Road Support (*Does not count towards group hours)	Jeannette
2:30-5:00pm	IN PERSON GROUP (2.5 hours) TOPIC: Living in Balance	Heather
5:00-6:00PM	VIRTUAL GROUP TOPIC: Problem solving <a href="https://eptha.zoom.us/meeting/register/t8wa-Ct8TWewRxrZCyQCfw">https://eptha.zoom.us/meeting/register/t8wa-Ct8TWewRxrZCyQCfw</a>	Nevin
	<b>Thursday</b> 04/10/2025	
2:30-5:00PM	IN PERSON GROUP (2.5 hours) TOPIC: IOP Living in Balance	Mellisa
5:00-6:00PM	VIRTUAL GROUP Topic: Looking for work <a href="https://eptha.zoom.us/meeting/register/_DzPoguNQhmyT-phVF3IPA">https://eptha.zoom.us/meeting/register/_DzPoguNQhmyT-phVF3IPA</a>	Nevin
	<b>Friday</b> 04/11/2025	
1:00-2:30PM	IN PERSON GROUP (1.5 hours) TOPIC: Native Crafting	Jeannette
4:00-5:30PM	VIRTUAL GROUP (1.5 hours) TOPIC: Nicotine and Vaping <a href="https://eptha.zoom.us/meeting/register/SUfa6ZPcQ76EupYlkvC6A">https://eptha.zoom.us/meeting/register/SUfa6ZPcQ76EupYlkvC6A</a>	Nevin